


## August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30am News and Chat (PB) 1 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Billiards 3:00pm Bingo with Tammy (RC) 6:30pm Evening Movie	9:30am News and Chat (PB) 2 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Stop and Shop Weekly Trip 2:30pm Afternoon Cards 3:00pm Hands on with OT (AR) 3:00pm Ice Cream Cart 6:30pm Evening Movie	9:30am News and Chat (PB) 3 10:00am Morning Exercise 10:00am morning exercise 10:30am Beginner Balance Class with Chrissy (PH) 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Chapel 1:30pm Chapel Services (CH) 2:00pm Chef Talk (PB) 3:30pm Self Care with OT (PB) 6:30pm Evening Movie	9:30am News and Chat (PB) 4 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Out trip to the Sharon Playhouse "Guys and Dolls" 2:30pm Yoga-Chi 3:30pm Bingo (RC) 6:15pm Evening Concert at Geer Gardens : "Lee-Ann Lovelace" 6:30pm Evening Movie	9:00am Word Games (P) 5 9:30am News and Chat (PB) 10:00am Morning Exercise 10:30am Advanced Combo Balance Class with Chrissy (HR) 10:45am Pool Mobility (Y) 1:30pm Trivia (PB) 2:30pm Ladderball (CY) 6:30pm Evening Movie	9:30am News and Chat (PB) 6 10:30am Morning Exercise 11:00am Brain Games 1:30pm Exercise with Kevin (HR) 2:30pm Knit or Knot (MR) 6:00pm Saturday Evening Movie (CH) 6:30pm Evening Movie
9:30am News and Chat (PB) 7 10:30am Catholic Service with Communion @CPL 10:30am Catholic Services with Communion (CH) 11:15am Morning Exercise 11:30am Word Games 1:15pm Cards "Phase 10" (PB) 2:30pm Sunday Movie Matinee (CH) 6:30pm Evening Movie	9:30am News and Chat (PB) 8 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Billiards 3:00pm Bingo with Tammy (RC) 6:30pm Evening Movie	9:30am News and Chat (PB) 9 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Stop and Shop Weekly Trip 2:30pm Afternoon Cards 3:00pm Hands on with OT (AR) 3:00pm Ice Cream Cart 6:30pm Evening Movie	9:30am News and Chat (PB) 10 10:00am Morning Exercise 10:00am morning exercise 10:30am Beginner Balance Class with Chrissy (PH) 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Chapel 1:30pm Chapel Services (CH) 2:00pm Informational Meeting with Sherry and Resident Association (HR) 3:30pm Self Care with OT (PB) 6:30pm Evening Movie	9:30am News and Chat (PB) 11 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 11:30am Outing to the New England Air Museum 1:30pm Activity Feedback Meeting (PB) 2:30pm Yoga-Chi 3:30pm Bingo (RC) 6:15pm Evening Concert at Geer Gardens : "Scarecrow Band" 6:30pm Evening Movie	9:00am Word Games (P) 12 9:30am News and Chat (PB) 10:00am Morning Exercise 10:30am Advanced Combo Balance Class with Chrissy (HR) 10:45am Pool Mobility (Y) 2:30pm Concert with Robin O'Herin (HR) 6:30pm Evening Movie	9:30am News and Chat (PB) 13 10:30am Morning Exercise 11:00am Brain Games 1:30pm Exercise with Kevin (HR) 2:30pm Knit or Knot (MR) 6:00pm Saturday Evening Movie (CH) 6:30pm Evening Movie
9:30am News and Chat (PB) 14 10:30am Catholic Service with Communion @CPL 10:30am Catholic Services with Communion (CH) 11:15am Morning Exercise 11:30am Word Games 1:15pm Watermelon and Lemonade Social (CY) 2:30pm Sunday Movie Matinee (CH) 6:30pm Evening Movie	9:30am News and Chat (PB) 15 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Billiards 3:00pm Bingo with Tammy (RC) 6:30pm Evening Movie	9:30am News and Chat (PB) 16 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Stop and Shop Weekly Trip 2:30pm Painting with Beth Miller (AS) 2:30pm Afternoon Cards 3:00pm Hands on with OT (AR) 3:00pm Ice Cream Cart 6:30pm Evening Movie	9:30am News and Chat (PB) 17 10:00am Morning Exercise 10:00am morning exercise 10:30am Beginner Balance Class with Chrissy (PH) 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Chapel 1:30pm Chapel Services (CH) 2:02pm Making fresh bruschetta (CK) 3:30pm Self Care with OT (PB) 6:30pm Evening Movie	9:30am News and Chat (PB) 18 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Bocce (CY) 2:30pm Making Zucchini Bread (CK) 2:30pm Yoga-Chi 3:30pm Bingo (RC) 6:15pm Evening concert at Geer Gardens " Sweet Fancy Moses" 6:30pm Evening Movie	9:00am Word Games (P) 19 9:30am News and Chat (PB) 10:00am Morning Exercise 10:30am Advanced Combo Balance Class with Chrissy (HR) 10:45am Pool Mobility (Y) 11:30am Out trip to The Mural Project and Lunch at Marzannos 3:00pm Left, Right , Center (PB) 6:30pm Evening Movie	9:30am News and Chat (PB) 20 10:30am Morning Exercise 11:00am Brain Games 1:30pm Exercise with Kevin (HR) 2:30pm Knit or Knot (MR) 6:00pm Saturday Evening Movie (CH) 6:30pm Evening Movie
9:30am News and Chat (PB) 21 10:30am Catholic Service with Communion @CPL 10:30am Catholic Services with Communion (CH) 11:15am Morning Exercise 11:30am Word Games 1:15pm Poker (BR) 2:30pm Sunday Movie Matinee (CH) 6:30pm Evening Movie	9:30am News and Chat (PB) 22 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Billiards 2:30pm Jeffery Engle presents " CLASSICAL MUSIC ROCKS IN 19th CENTURY CUBA" 6:30pm Evening Movie	9:30am News and Chat (PB) 23 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Stop and Shop Weekly Trip 2:30pm Afternoon Cards 3:00pm Ice Cream Cart 6:30pm Evening Movie	9:30am News and Chat (PB) 24 10:00am Morning Exercise 10:00am morning exercise 10:30am Beginner Balance Class with Chrissy (PH) 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Chapel 1:30pm Chapel Services (CH) 2:30pm Flower Arranging (AR) 6:30pm Evening Movie	9:30am News and Chat (PB) 25 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 11:30am Out Trip to Walmart and Peaches and Cream Ice cream 1:15pm Rummikub (PB) 2:30pm Yoga-Chi 3:30pm Concert with Sentimental Journey (HR) 6:30pm Evening Movie 6:30pm Happy Hour with Kevin (PB)	9:00am Word Games (P) 26 9:30am News and Chat (PB) 10:00am Morning Exercise 10:30am Advanced Combo Balance Class with Chrissy (HR) 10:45am Pool Mobility (Y) 1:15pm Ax Throwing competition (CY) 2:30pm Bingo with Tammy (CK) 6:30pm Evening Movie	9:30am News and Chat (PB) 27 10:30am Morning Exercise 11:00am Brain Games 1:30pm Exercise with Kevin (HR) 2:30pm Knit or Knot (MR) 6:00pm Saturday Evening Movie (CH) 6:30pm Evening Movie
9:30am News and Chat (PB) 28 10:30am Catholic Service with Communion @CPL 10:30am Catholic Services with Communion (CH) 11:15am Morning Exercise 11:30am Word Games 1:15pm Poker (BR) 2:30pm Sunday Movie Matinee (CH) 6:30pm Evening Movie	9:30am News and Chat (PB) 29 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:15pm Billiards 3:00pm Bingo with Tammy (RC) 6:30pm Evening Movie	9:30am News and Chat (PB) 30 10:00am Morning Exercise 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Stop and Shop Weekly Trip 2:30pm Afternoon Cards 3:00pm Ice Cream Cart 3:30pm Book Club (CH) 6:30pm Evening Movie	9:30am News and Chat (PB) 31 10:00am Morning Exercise 10:00am morning exercise 10:30am Beginner Balance Class with Chrissy (PH) 10:30am Today's News 10:45am Strength Training (HR) 1:30pm Chapel 1:30pm Chapel Services (CH) 2:30pm August Birthday Social (PB) 6:30pm Evening Movie	LOCATION Activity Room (AR) Art Studio (AS) Billiards Room (BR) Chapel (CH) Country Kitchen (CK) Courtyard (CY) Hollenbeck Room (HR) Media Room (MR) Penthouse (PH) Pub (PB) Railway Cafe (CK) Railway Cafe (RC) YMCA (Y)	LOCATION pub (P)	